

OUT DOORS FOR 20 ALL 22

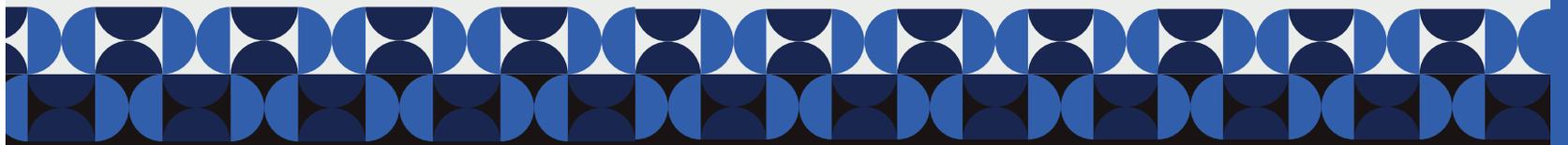
OFFICIAL PROGRAM GUIDE



INCLUSIVITY | DIVERSITY | ACCESSIBILITY | REPRESENTATION | EQUITY

OUTDOORS FOR ALL

The mission of Outdoors for All is to cultivate a space for a diversity of thought leaders, industry partners, community members, and outdoor enthusiasts to unite and explore ways we can create a shared equitable outdoor community for all people.





WELCOME

Glad you're here! We welcome you to the second annual Outdoors for All summit, where changemakers, thought leaders, and visionaries like you come together to make lasting positive changes in our outdoor spaces. With your participation and support, we are able to create a future of outdoor leadership and usership with a deeper understanding of what it means to be truly inclusive.

We invite you to participate in our programming, from the fun outdoor activities to the captivating conversations, and maybe even try something new! Play hard, be engaged, contribute, make some great memories and friends, and enjoy the next few days.

The purpose of this summit is to ignite, instigate, and inspire you into action so that you can work for a more equitable outdoors in your own community. We hope you lean in with curiosity, find authentic connections, get new perspectives, and find resources from which to draw strength and strategy. We hope you go home with a renewed spirit, full heart, and inspired mind.



SPONSORS



TRAIL COLLECTIVE

Sawyer

MILL CREEK PROPERTIES
GROSSMAN FAMILY FOUNDATION
ROGERS SLATER FOUNDATION



OUTDOOR FOUNDATION

TAXA OUTDOORS



MiiR



skcratch LABS

DESTINATION BY DESIGN



uproar



TD Bank

All Bodies Movement • Ramble Camp • NRS
Pisgah Map Company • Hillman Beer • REI
the Outdoors for All Council • Town of Old Fort
McDowell County • Core Staging • Tim Grant
Lewana Keaton • Haven Mitchell
Los Gauchos Héroes • Eric Arce Photography

SCHEDULE

SUBJECT TO CHANGE - EVENT HEADQUARTERS LOCATED AT MAGNOLIA PAVILION

ACTIVITY	FEATURED LEADERS	TIME	LOCATION
----------	------------------	------	----------

THURSDAY, OCTOBER 13

BREAKFAST

7 - 9 AM

DINING HALL



Connection Station Open

Staff

7 am - 9 pm

Magnolia



All-Community Welcome Circle & Ceremony

Michele Ashley & Guest

9 - 9:45 am

Beech Pavilion

(bring journals & please remain for entire duration of ceremony)



Launch Legislative Letter Writing Station

Rachel Olzer

10 - 10:30 am (ongoing)

Dining Hall



Collaborative Community Portrait

Ginger Huebner

10 - 10:30 am (ongoing)

Boathouse



Self-Care and Communal Resourcing

Kris Moon

10:30 am - 12 pm

Boathouse

(bring journals)



Pop-Up Slim Pickins Outfitters Open

Jahmicah + Heather Dawes

10 am - 3 pm

Dining Hall



BIPOC MTB Ride

Devin Cowens & Catalina Norena

10 am - 12 pm

MTB Shed

(RSVP required - waivers required)



Cultivating the Next Generation of Diverse Leaders in Conservation & Recreation

Anna Levesque, Francis Mendoza, James Mills, Alex Bailey, Nick Brooks, Philip Henderson, & Lesford Duncan

10:30 am - 12 pm

Outdoor Chapel

LUNCH

FOOD TRUCKS

11:30 AM - 3 PM



ILLUMINATION SESSION: Who We Are Without Labels: Stepping Into Our Truest Being

Tracy Hopkins

12 - 1:30 pm

Beech Pavilion



Connecting Our Individual Somatic Experience To Actionable Steps Towards Becoming A Better Ally

Rachel Olzer, Stephanie Harper

1:30 - 3 pm

Dining Hall Porch



SUP: Community & Connection For All

Matt Nannis & PIVOT Point staff

1:30 - 3 pm

Boathouse & Lake

(RSVP required - 15 spaces available)



The Outdoor Industry: Sharing Ideas for Inclusive Hiring, Marketing, & Branding

Dorene O'Malley, Jenna Toney, James Mills, Simone Adams, Jahmicah Dawes, Danica Carey moderated by Amy Allison

1:30 - 3 pm

Beech Pavilion



Create + Connect Circle

Ginger Huebner

1:30 - 2:30 pm

Dining Hall

(up to 60 people)



Amplifying Indigenous Voices in the Outdoors: Varied Perspectives

Alexandera Houchin, Chad Brown, Kaitlin Curtice, Laura Blythe & moderated by Francis Mendoza

3 - 4:30 pm

Beech Pavilion



Gateway to the Outdoors: Hike and Learn

Lisa Jennings & Leandra Taylor

3 - 4:30 pm

Old Fort Gateway Trails



The Power of Partnerships: A Snapshot of Equitable Outdoor Engagement

Natalie Britt & Catalina Norena with FIND Outdoors

3 - 4:30 pm

Dining Hall Porch



ILLUMINATION SESSION: Full Circle Expedition: Looking Back to Mt. Everest + Striving Forward

Philip Henderson

5 - 6:30 pm

Beech Pavilion

DINNER + FLEX TIME

CAMP GRIER STAFF

6:30 - 8 PM

DINING HALL



Bonfire & Storytelling: The Summit is Not Always the Top

Led by Leandra Taylor

8 - 11pm

Main Firepit

EVENT KEY	 PANEL DISCUSSION	 FOOD/DRINK	 DROP-IN PROGRAMMING
	 ROUNDTABLE DISCUSSION	 REFLECTION	 LOCAL ENGAGEMENT
	 ALL-COMMUNITY	 CREATIVE ARTS	
	 WORKSHOP OR CLINIC	 OUTDOOR ACTIVITY	



ACTIVITY	FEATURED LEADERS	TIME	LOCATION
----------	------------------	------	----------

FRIDAY, OCTOBER 14

	BREAKFAST	7 - 9 AM		DINING HALL
	Connection Station Open	Staff	7 am - 9 pm	Magnolia
	Climbing at Rumbling Bald <i>(RSVP required, 8 spaces available for shuttle vehicles)</i>	Ryan Carlson & Jalen Bazile	7:30am - 1pm	Rumbling Bald
	Decolonizing Birding: A Walk with Francis Mendoza	Francis Mendoza	8 - 10am	Beech Pavilion
	SUP Yoga Workshop: Debunking the Work-Life Balance Myth + Freedom Through Boundaries <i>(RSVP required, 10 spaces available)</i>	Anna Levesque	8 - 10am	Boathouse + Lake
	Going the Distance: Trail Run	Steven McHone & Lesford Duncan	9 - 10:30am	MTB Shed
	Kitsbow Factory Tour <i>(RSVP required, 20 spaces available)</i>	Kitsbow Team	9 - 10am	Old Fort Ride House
 	Holding the Multitudes of Spirituality: Explorations of the Great Mystery	Tuhina Rasche, Michele Ashley, Andrew Glenn	9 - 10:30am	Pine Knoll
 	Fly Fishing Workshop Part 1: Casting/Nature Walk/Observation <i>(RSVP required, 20 spaces available)</i>	Bri Dostie & Serene Cusack	9am - 12pm	Boathouse + Lake
	Nature Exploration Hike for All	Stephanie Harper	9 - 11am	Camp Grier Trails (Meet at Dining Hall)
	Pop-Up Slim Pickins Outfitters Open	Jahmicah + Heather Dawes	10 am - 3 pm	Dining Hall
	Four Realms of Resistance: Explorations of Holistic Flourishing for All <i>(bring journals)</i>	Kaitlin Curtice	10 - 11:30am	Outdoor Chapel
	Creating Inclusive Community & Courageous Spaces	Devin Cowens	10:30am - 12pm	Dining Hall Porch
	The Future of Building Inclusive Trail Systems: Challenges We Face & Opportunities We Create	Lisa Jennings, Jon Lane, Hugh Moran, Jason McDougald, & guests, moderated by Kristian Jackson	10:30am - 12pm	Beech Pavilion
	LUNCH	MOBILE GRILL STATION WITH FOOTHILLS MEATS	11:30 AM - 3 PM	
	ILLUMINATION SESSION: Reflections from Retracing the 1897 Expedition of the Bicycle Corps - Buffalo Soldiers	Erick Cedeño	12 - 1pm	Beech Pavilion
	Growing Engagement & Inclusion in the Outdoors: A Discussion with Various Organizations	Trout Unlimited, Wilderness Education Association, Greening Youth Foundation, & others	1:30 - 3pm	Dining Hall Porch
	Pride Ride	Led by Ashley Underwood, Carrie Plaxico, & Devin Cowens	1 - 3:30pm	Meet at MTB Shed
 	A Healing-Centered Approach to Land Stewardship <i>(please arrive on time and remain for entire duration of ceremony)</i>	Kris Moon & Ekoa Adisa	1:30 - 3:30pm	Creekside Meadow
 	Mental Health For All: Healing in the Outdoors	Anthony + Tara (from We Off the Couch); Matt Nannis; Steven McHone, Serene Cusack; moderated by Jacob Fisher	2 - 3:30pm	Outdoor Chapel

SCHEDULE [CONTINUED]

SUBJECT TO CHANGE - EVENT HEADQUARTERS LOCATED AT MAGNOLIA PAVILION

ACTIVITY	FEATURED LEADERS	TIME	LOCATION
----------	------------------	------	----------

FRIDAY, OCTOBER 14 - (CONTINUED)

★ What Really is Accessibility? A Conversation with Those Who Live & Work with Physical Disabilities	Terry Schupbach-Gordon, Matt Kirby, & Guests, moderated by Dan Minnich	2 - 3:30pm	Beech Pavilion
★ Exploring Various Dimensions of Masculinity in the Outdoors	Guests facilitated by Jalen Bazile	2 - 3:30pm	Pine Knoll
➤ Explorations of Water Quality + Environmental Justice <i>(RSVP for a chance to win a giveaway)</i>	Andrew Glenn	2 - 3:30pm	Art Shed
➤ Happy Hour at Oak & Grist (with food trucks) or The Grange in downtown Black Mountain		4 - 6pm	
Outdoors for All Film Festival - SEE NEXT PAGE FOR MORE INFORMATION ➤ ➤ ➤			
☀️ Queer Bonfire + Storytelling	Allé & Cimmaron Craig	9 - 11pm	Meadow Fire Ring

SATURDAY, OCTOBER 15

➤ BREAKFAST		7 - 9 AM	DINING HALL
☀️ Connection Station Open	Staff	7 am - 9 pm	Magnolia
➤ ★ Fly Fishing Workshop Part 2: Fishing/Deconstructing Narratives on the Water <i>(RSVP Required)</i>	Bri Dostie & Serene Cusack	8am - 12pm	Local River TBD
★ Advanced Ride with Rachel Olzer & Friends <i>(RSVP Required - 10 spaces available)</i>	Rachel Olzer	8am - 12pm	MTB Shed
☾ ★ Peek Behind the Curtain of the Placemaking Archaeology Project for the Old Fort Trails	Dr. Jennifer Gates Foster	8:30 - 10am	Old Fort Gateway Trails
★ Adaptive MTB Clinic <i>(RSVP Required)</i>	Catalyst Sports	8:30am - 4pm	Boathouse
★ Road Run for Everyone! All paces, races, and faces!	We Off the Couch RVA	8:30 - 9:30am	Old Fort Ride House
➤ Liberation for All: The Embodiment of Social Justice to Build A More Just World <i>(RSVP Required - 35 spaces available, please remain for entire duration)</i>	Michele Ashley	9 - 10:30am	Beech Pavilion
☾ Pop-Up Slim Pickins Outfitters Open	Jahmicah + Heather Dawes	10 am - 3 pm	Dining Hall
☀️ Journaling, Meditation, & Affirmations for Self-Acceptance <i>(bring journals)</i>	Allé	10:30am - 12pm	Art Shed
★ Redefining Rural Community Development through Outdoor Recreation: A Conversation with the Catawba Vale Collaborative	Lavita Logan, Stephanie Swepson Twitty, Lisa Jennings, Jason McDougald	10:30am - 12pm	Beech Pavilion
➤ Expanding the Trail Crew Leader Toolbox – Sharpening Interpersonal Skills	Kristian Jackson	10:30 am - 12 pm	MTB Shed
➤ LUNCH	FOOD TRUCKS	11:30 AM - 3 PM	
✦ ILLUMINATION SESSION: FKT vs Community Race Culture (We Are Stronger Together)	Alexandera Houchin	4 - 5:30pm	Beech Pavilion

EVENT KEY

- ★ PANEL DISCUSSION
- ▶ ROUNDTABLE DISCUSSION
- ✦ ALL-COMMUNITY
- WORKSHOP OR CLINIC
- FOOD/DRINK
- ☀ REFLECTION
- 🎨 CREATIVE ARTS
- ★ OUTDOOR ACTIVITY
- ▶ DROP-IN PROGRAMMING
- ◌ LOCAL ENGAGEMENT



ACTIVITY	FEATURED LEADERS	TIME	LOCATION
➤ Uplifting Youth Voices	Alex Bailey	1 - 2pm	Dining Hall Porch
★ All Humans MTB Ride	Led by G5 Trail Collective team members & surprise special guests	1-4pm	
★ BlackWaters Discussion	Chad Brown, James Mills, Jahmicah Dawes, Nick Brooks, & Alex Bailey	2:30 - 3:30pm	Beech Pavilion
✦ ILLUMINATION SESSION: Rethinking the Hero's Journey & Moving Beyond Narrow Concepts	Stacy Bare	12 - 1pm	Beech Pavilion
✦ All-Community Closing Circle + Ceremony	Michele Ashley	5:30 - 6pm	Beech Pavilion
— Buffet Dinner with Kente Kitchen	Kente Kitchen	6 - 8pm	Dining Hall
✦ All-Community Fire	Everyone	8 - 11pm	Main Firepit

OUTDOORS FOR ALL FILM FESTIVAL

FRIDAY, OCTOBER 14, 6PM AT MONTREAT CONFERENCE CENTER

Friday night of Outdoors for All, we'll gather to enjoy some of the world's most inspiring stories and films, meet the filmmakers, and explore different voices from our BIPOC, LGBTQIA+, adaptive, veteran, and conservation activists, outdoor lovers, and athletes. Join us for refreshments before the films, and stay for a Q&A after!

COMMUNITY EXPECTATIONS

AS WE SHARE THIS INTIMATE SPACE FOR A FINITE TIME TOGETHER, WE ASK THAT EACH ATTENDEE ABIDE BY THE FOLLOWING GUIDELINES AND EXPECTATIONS:

- ☀ Stay open and curious
- ☀ Be safe as you move about the space and take part in activities
- ☀ Take care of yourself
- ☀ Ask questions
- ☀ Listen generously
- ☀ Be mindful of others' space and perspectives
- ☀ Respect personal boundaries and requests
- ☀ Have fun!

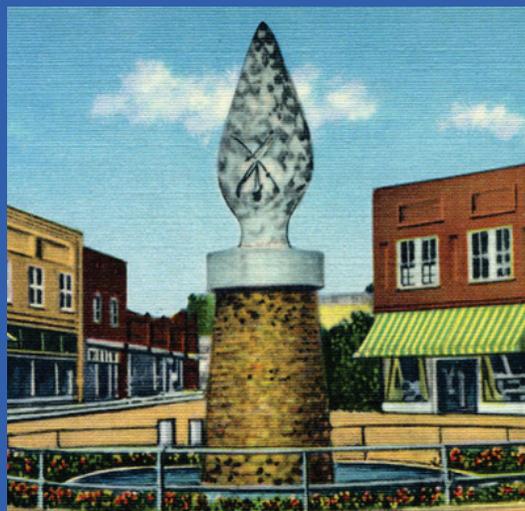


CAMP MAP

Event headquarters located at Magnolia Pavilion



REGIONAL MAP



WELCOME TO
HISTORIC OLD FORT, NC!

35.6290° N, 82.1807° W

Located on the Blue Ridge escarpment beside the Grandfather Ranger District of Pisgah National Forest, Old Fort serves as a gateway to outdoor adventure for everyone.

PROGRAM INFORMATION

THURSDAY, OCTOBER 13

CREATE + CONNECT COLLABORATIVE COMMUNITY PORTRAIT

Join Ginger Huebner in launching a Collaborative Community Portrait opportunity for the event weekend! These are large scale collaborative works that are added onto by participants over time: an hour, a few hours, or even a few days. The provided backgrounds begins with a beautiful layer of Ginger's colored chalk already on it, ready to receive additional layers. We are so excited about these real-time collaborative art works that will reflect the interaction of attendees this weekend!

SELF-CARE AND COMMUNAL RESOURCING

Leaning into new ways of being together can be uncomfortable, and potentially triggering. Being supported to have the tough conversations that are necessary in the movement towards a more equitable and just culture requires deep care. Trauma educator and somatic practitioner Kris Moon will offer a container to learn and practice co-regulation and communal resourcing through mindful movement, conversation and journaling. The workshop will include invitations to practice connecting to our bodies, listening to our bodies, and taking care of our bodies. This workshop is ripe for beginners and anyone curious about practicing ways to resource themselves and regulate their nervous systems throughout the event.

SELF-CARE AND COMMUNAL RESOURCING

Join BIPOC leaders for fun in the woods, riding on Old Fort's legendary trails, and enjoying fellowship with other BIPOC cyclists, along with Devin Cowens and Catalina Norena. This is intended to be a social ride, all levels are welcome!

CULTIVATING THE NEXT GENERATION OF DIVERSE LEADERS IN CONSERVATION & RECREATION

Join diverse and passionate changemakers from different organizations and backgrounds discuss ways we can cultivate new definitions of leadership and support systems and strategies that elevate youth in the outdoors. How can we collectively work towards a more inclusive and diverse future, raising our next generation of conservation and recreation leaders? Let's discuss!

ILLUMINATION SESSION: WHO WE ARE WITHOUT LABELS: STEPPING INTO OUR TRUEST BEING

This interactive keynote engagement is designed to have participants explore the various identities they hold as well as the origins of when participants became aware of such identities. Conference attendees will have the opportunity to engage in a combination of experiential initiatives, personal reflections, and small group discussions that give space for core understanding of who they are and who they hope to become without the labels that have been ascribed to us. Through this journey of uncovering what was, participants will gain a deeper understanding of what may be holding them back from stepping into their light. This keynote engagement will also provide space for participants to discover what could be and offer up critical understanding of how we all belong in any and all spaces in which we enter. The hope of this dynamic keynote is to serve as a catalyst for attendees to step into their lives with all versions of themselves and inviting others to give themselves the permission they may need to shine their own light.

CONNECTING OUR INDIVIDUAL SOMATIC EXPERIENCE TO ACTIONABLE STEPS TOWARDS BECOMING A BETTER ALLY

We envision this interactive roundtable as a casual and vulnerable conversation exploring the ways in which we have contributed to being an ally to our BIPOC, LGBTQ+, or other marginalized individuals—this may include deep diving into sharing of personal experiences related to allyship in the outdoors and how these experiences may have been helpful or harmful. The discussion is meant to bring awareness to our own internal voice, feelings, and physical motions free from shame or judgment as we navigate together. Participants will have opportunities to engage in thoughtful reflection and ask questions related to the discussion. Our hope is that we can leave participants with an awakened understanding of what it means to be an ally that can be used in actionable ways as it pertains to each person.

THE OUTDOOR INDUSTRY: SHARING IDEAS FOR INCLUSIVE HIRING, MARKETING, & BRANDING

Join this engaging conversation about ways to authentically address inclusivity in the workplace, as well as in marketing and branding. With outdoor industry experts, we will ask hard questions and explore the answers and solutions so that outdoor brands are really doing the work now and into the future to build inclusivity from the inside out.

CREATE + CONNECT CIRCLES WORKSHOP

Ginger Huebner will lead participants through a Create + Connect Circles™ workshop. Experience her Create + Connect process first hand to create visual translations or your voice, your stories, your truths BEYOND words. Circles experiences provide unique opportunities for visual processing (less talking, more doing), social emotional wellness, flexibility to happen anywhere with any age, a rediscovery of the power of simple creative materials, and a nourishing connecting with self and community. Intended to be utilized as a 'practice' - weekly / monthly / etc - all participants will receive a composition book to continue on back at home if desired.

AMPLIFYING INDIGENOUS VOICES IN THE OUTDOORS: VARIED PERSPECTIVES

Join us as we discuss how we can be good guests on Native land, where we can help amplify Indigenous voices and why it's vital to work with Native communities to protect, conserve and restore the outdoors for all. We'll explore the "Land Back" movement and how we as individuals and organizations can truly engage with Native people in a good, authentic way. Panelists include professional cyclist Alexandra Houchin (Ojibwe), Laura Blythe (Cherokee), Program Director of the Cherokee Historical Association, storyteller, poet and writer Kaitlin Curtice (Potawatomi) and Chad Brown, founder of Love is King and Soul River, Inc., who helps protect the Arctic with the Gwich'in Nation. Moderated by Francis Mendoza with the Children & Nature Network.

GATEWAY TO THE OUTDOORS: HIKE AND LEARN (AT THE OLD FORT GATEWAY TRAILHEAD)

Join Lisa Jennings, U.S. Forest Service, and Leandra Taylor, Southern Appalachian Wilderness, for a gentle afternoon hike along the Foundation Trail. Learn more about the process of building inclusive trails and how intentional outreach can encourage community engagement.

THE POWER OF PARTNERSHIPS: A SNAPSHOT OF EQUITABLE OUTDOOR ENGAGEMENT

FIND Outdoors, a 50 year old non-profit organization manages 21 highly developed federal recreation facilities spanning four states and serving over one million public land visitors annually. In order to meet the needs of a rapidly growing, diverse user base and truly cultivate the next generation of conservation minded stewards, FIND leverages the power of partnerships to ensure all people have equitable opportunities to experience the great outdoors. Club de Exploradores exemplifies the mission of FIND and showcases successful outcomes resulting from investment in partnerships. Club de Exploradores focuses on breaking down barriers to inclusive access to Pisgah National Forest aimed at working with middle school aged Latinx children in Western North Carolina.

FRIDAY, OCTOBER 14

DECOLONIZING BIRDING: A WALK WITH FRANCIS MENDOZA

For hundreds of years, the simple act of peering through binoculars or listening to bird song has been seen as a mostly “white” thing, adding onto it a cis-heteronormative male-dominated layer in the narrative, especially in academia. Despite this narrative, many BIPOC (Black, Indigenous and People of Color) and 2SLGBTQ folks enjoy birding as much as white folks, where they are often esteemed ornithologists and wildlife biologists, and Indigenous folks, in particular, have been using bird feathers for their regalia and have been “birding” since time immemorial. Whether you’re a beginning birder or have a life list in the thousands of species, join us on this nice, easy half-mile walk around the trails at Camp Grier as we discuss how we can decolonize birding and make it an accessible activity for all. Feel free to bring your own binoculars and share them with others.

SUP YOGA WORKSHOP: DEBUNKING THE WORK-LIFE BALANCE MYTH + FREEDOM THROUGH BOUNDARIES

You’re an accomplished leader, but you find yourself struggling with self-care, work/life balance, and boundaries. In this 2-hour workshop you’ll discover a whole new world of practical self-care and learn how to achieve greater freedom through self-awareness and boundaries, through movement, guided relaxation, guided meditation, journaling, paired sharing exercises, and SUP yoga.

HOLDING THE MULTITUDES OF SPIRITUALITY: EXPLORATIONS OF THE GREAT MYSTERY

So much of our relationship with one another, ourselves, and this great vast spaciousness bodes questions about our divinity, our role as stewards of Earth, and our responsibility to one another. Join us in joyful query and curious contemplation as we journey through the great mystery, and learn from one another how we can elevate and appreciate diverse voices. With varied and open perspectives, this conversation will honor the many expressions of the divine.

FLY FISHING WORKSHOP PART 1: LEARNING FUN + NATURE TIME TOGETHER

FLY FISHING WORKSHOP PART 2: FISHING SESSION & DECONSTRUCTING NARRATIVES ON THE WATER (SATURDAY)

Try out fly fishing, build skills on the water, and have fun in community in this two part workshop. We’ll start off with joyful and messy learning through skills building activities and practice observation-based decision making in our first session, bringing in guest perspectives to share experience and guide with curiosity. Next, we’ll have time to grow a personal connection to the water through supportive hands on fishing. This series intends to empower anglers in defining their own relationship with the water, hold community space that disrupts exclusive cultural norms, and connect anglers with one another and the natural world. Lots of silliness and mindfulness all muddled together.

NATURE EXPLORATION HIKE FOR ALL

Join writer + nature lover Stephanie Harper for an exploratory adventure that any one can participate in. We will meander along the Rostan Trail, an easily accessible dirt trail located along the perimeter of Camp Grier for a 2 mile walk as we take in Fall’s splendor including the fauna + flora all around us. There may even be some opportunity to see some mushrooms popping up along the terrain! Wear comfortable shoes + layers, bring a water bottle, and hiking poles if you need. If you want some space to clear your head, want to walk with company, or are just needing to move your body without the pressure of “keeping up”, then we hope you’ll come along.

FOUR REALMS OF RESISTANCE: EXPLORATIONS OF HOLISTIC FLOURISHING FOR ALL

In my upcoming book, *Living Resistance*, I create an Indigenous Vision for seeking everyday wholeness through the four realms of resistance--the personal, communal, ancestral, and integral realms. In this workshop, I’ll explain each realm’s importance for our lives and how we learn to embody love and care for ourselves, one another, future generations, and Mother Earth.

[> CONTINUED ON PAGE 12](#)

PROGRAM INFORMATION

FRIDAY, OCTOBER 14 (CONTINUED)

CREATING INCLUSIVE + COURAGEOUS SPACES

How do we care for ourselves and our communities? Radical joy offers an opportunity to move with intention, vulnerability, and love. Join Devin Cowens (she/her) for a conversation on the importance of community building and space creation and the impact it has on individuals. We'll explore where we've been, where we are now, where we're going, and how to find the stamina to keep moving the needle to build a better society.

THE FUTURE OF BUILDING INCLUSIVE TRAIL SYSTEMS: CHALLENGES WE FACE & OPPORTUNITIES WE CREATE

Trails are the lifeblood of the recreational experience. They offer humans direct connection with the natural environment. This panel discussion will focus on the current challenges and opportunities facing access, progression, and inclusion from a range of perspectives.

ILLUMINATION SESSION: REFLECTIONS FROM RETRACING THE 1897 EXPEDITION OF THE BICYCLE CORPS - BUFFALO SOLDIERS

In 2022, Erick Cedeño retraced the route/history of the Bicycle Corps - Buffalo Soldiers to celebrate the 125th anniversary of the Bicycle Corps 1897 expedition from Fort Missoula, Montana to St. Louis, Missouri (1,900 miles). Their mission was to thoroughly test the practicability of the bicycle for military purposes.

GROWING ENGAGEMENT & INCLUSION IN THE OUTDOORS: A DISCUSSION WITH VARIOUS ORGANIZATIONS

How does it look to be inclusive in the field, on the ground, and out in the world from an organizational perspective? What does it take to truly be inclusive and what are the challenges? What do we have to learn from one another and how can we investigate different ways of going about programming and leadership? We'll explore these questions and more in this discussion, and invite ideas from attendees!

PRIDE RIDE

We'll enjoy the freedom and pleasure of riding through forests of green (maybe with the leaves changing to semi-rainbow colors to honor the LGBTQ+ community), exploring the Old Fort Gateway Trails and some of the established trails throughout the area. We won't leave a fellow family member behind. This is about safe queer fun, y'all!

A HEALING-CENTERED APPROACH TO LAND STEWARDSHIP

Stewarding land can be an ancestral healing endeavor and an opportunity to reclaim indigeneity for people with histories of physical and cultural displacement. Trans-racial Korean adoptee Kris Moon and Black Southern descendant of enslaved people Ekua Adisa come together to share what can happen when a collective land project is approached with the intention to do things differently. Ekua and Kris will utilize storytelling, ritual, and a talking circle to create an intimate space for sharing, reflection, and juicy conversation. Learn about and experience the radical and strategic guiding principles that facilitate the easeful unfolding of Moon Mountain, allowing it to be an endeavor that supports us to remember that we are all a part of nature.

MENTAL HEALTH FOR ALL: HEALING IN THE OUTDOORS

Whole, healing, and holy are all words which come from the same root. We are all on a healing journey, and our relationship with nature can be medicine, but it requires a sense of safety and belonging which all people deserve. Explore different faces and facets of ways the outdoors has been supportive of becoming whole with ourselves, one another, and the Earth. This discussion will invite folks to share their personal experiences with mental health in support of elevating healing for all.

WHAT REALLY IS ACCESSIBILITY? A CONVERSATION WITH THOSE WHO LIVE & WORK WITH DISABILITIES

Let's dive into the definition of accessibility from the perspective of those with disabilities and those who work with people with disabilities. What does it mean to make spaces accessible? How do we support people with disabilities? Who do we want to see out in our natural spaces and how can we think and look differently about creating inclusive access? This one's going to be exciting!

INVESTIGATING VARIOUS DIMENSIONS OF MASCULINITY IN THE OUTDOORS

Join us as masculine-identifying thought and community leaders explore various dimensions of masculinity in the outdoors. We will engage in an intentional conversation on divesting from the patriarchy, embracing and navigating vulnerability, and envisioning a holistic approach to how masculinity is performed in the outdoors. We can't wait to see you there!

EXPLORATIONS OF WATER QUALITY + ENVIRONMENTAL JUSTICE WITH SAWYER PRODUCTS

Clean drinking water is a necessary resource that continues to be at risk, from the Backcountry to the Backyard. Natural disasters compromise infrastructure and water quality, while changes in the environment deplete natural resources around the globe - all impacting marginalized communities most severely.

In this workshop, we address concerns and long-term solutions for clean water in recreation, in emergency situations, and in developing communities.

SATURDAY, OCTOBER 14

ADVANCED MTB RIDE WITH RACHEL OLZER & FRIENDS!

Ride some of the most iconic trails in the country, right out the back door of Camp Grier, with black diamonds and over 3,000' of vertical climbing to get you warmed up for some rip-roarin' fun coming down. Advanced, experienced riders only. We will have lead and sweep guides for support. Bring water, snacks, and your own version of stoke, y'all!

PEEK BEHIND THE CURTAIN OF THE ARCHAEOLOGY PLACEMAKING PROJECT FOR THE OLD FORT TRAILS

Wondering what those stone pillars are being built along the new Gateway Trails? Walk with archaeologist Jennifer Gates-Foster and visit these purpose-built installations, designed to give these trails pause points for reflection on the deep time embedded in traces within the landscape, and the complex and challenging histories of the Old Fort community.

ADAPTIVE MTB CLINIC

Catalyst Sports' Asheville chapter is a non profit that provides accessibility to outdoor adventure sports. Catalyst will be providing an adaptive mountain bike clinic on Saturday 10/15. Sign up for an adaptive mountain bike fitting, and enjoy riding some of the trails at camp Grier with a trained volunteer. Or stop by the Catalyst tent to learn more about adaptive adventures in your area.

ROAD RUN FOR EVERYONE! ALL PACES, RACES, AND FACES WITH WE OFF THE COUCH

Join We Off the Couch, a Black-led run group from Richmond, Virginia, for an inclusive run through the streets of Old Fort. 2- and 5-mile options are available for all races, all paces, and all faces of runners to explore the historically Black neighborhoods of Old Fort and to lift everyone up in solidarity and positivity!

LIBERATION FOR ALL: THE EMBODIMENT OF SOCIAL JUSTICE TO BUILD A MORE JUST WORLD

Join in the engaged workshop as we explore what it means to embody social justice and equity for all. Liberation is an inside job and it begins with each of us. We welcome all to be a part of this exploratory and clarifying discussion and embodied work.

JOURNALING, MEDITATION & AFFIRMATIONS FOR SELF-ACCEPTANCE: SELF-LOVE IS A RADICAL ACT

In a world which profits off of us not loving ourselves and seeing ourselves as whole, loving and accepting ourselves is a radical act. Participants will be invited to come into conversation with each other; to introduce themselves and allow nature to support us in coming into a grounded state. From there, we'll do a centering meditation, then journal and release old stories about why we're not enough. Allé will close with guided affirmations to affirm our wholeness.

REDEFINING RURAL COMMUNITY DEVELOPMENT THROUGH OUTDOOR RECREATION: A CONVERSATION WITH THE CATAWBA VALE COLLABORATIVE

Reimagining Rural Communities explores how one rural mountain community is connecting across community boundaries to drive an equitable economy centered around outdoor access for all. Join community development partners, economic development leaders, public land managers, and outdoor recreation non-profits to learn about one community's strategy to stage a comeback in Southern Appalachia.

EXPANDING THE TRAIL CREW LEADER TOOLBOX SHARPENING INTERPERSONAL SKILLS

The skills associated with trail work are often task related and outcome-based. This workshop will explore interpersonal skills as an important component to successful trail work events and leadership for volunteers and crews. Key areas of focus will be effective goal setting, motivation, and creating and inspiring an inclusive culture.

ILLUMINATION SESSION: FKT VS COMMUNITY RACE CULTURE (WE ARE STRONGER TOGETHER)

As ultra-racing gains popularity, more and more people continue to set out to be the fastest of all time. There is plenty of room for the evolution of racing and pushing boundaries but what does this look like when we are disconnected from our relationships to both the course and to each other? In this conversation, Alexandra explains how her connection to her tribal culture shaped her perception of Fastest Known Time (FKT) culture and the overall community race culture.

UPLIFTING YOUTH VOICES

You don't need to be a voice to the 'voiceless'. Just pass the mic" – Dr. Su'ad Abdul Khabeer. As adults, it's easy for us to feel moved to speak on behalf of youth, and sometimes proximity, space, and the moment may call us in to do so. However, as adults, we shouldn't always assume every moment calls us to do so. Join Executive Director of Black Outside, Inc for a reflection and imagination workshop, as we reflect, dream, and ideate about creative ways to uplift and center youth voice, perspective, and wisdom in the outdoors. ***Note this workshop will be part- reflection, part-participant-led collaboration, and brainstorming, with some ideas and takeaways from the facilitator.*

BLACKWATERS DISCUSSION

Through surviving life's trials as black men, each member of Black Waters has found grace and success in the outdoors, healed and mended by nature's medicine to the soul. Each has also embraced the art of fly fishing, while building brotherhood and establishing representation for the survival of young black boys to make the connection to the outdoors. Black Waters members come together in a one hour panel living room discussion sharing how each member navigates the outdoors personally, professionally and spiritually.

ILLUMINATION SESSION: RETHINKING THE HERO'S JOURNEY & MOVING BEYOND A NARROW CONCEPT OF HOW WE TRAVEL

The Hero's Journey has been the conscious and unconscious narrative framework of most adventure stories in the last century plus, alongside dominating in Hollywood and a variety of bestselling books. While that is thankfully, starting to change and exceptions exist, the hero's journey at best, only captures two thirds of what's necessary in a narrative and at worst, perpetuates masculine only, rigid binary thinking, violence, conflict, and an amoral winner take all mentality that solves little if anything. It is far past time to take off the capes and fancy costumes. We need to get to work in community, at the myriad of small solutions that, taken together, will help us resolve and move through the few really big ones. The format will include a presentation by Stacy, followed by space and time for attendees to contribute to the conversation.

PRESENTER INFORMATION & BIOS

Alex Bailey

BLACK OUTSIDE

From the fresh smell of mint leaves in his grandfather's garden to fishing trips with his grandparents on the Clear Fork River in Ohio; Alex's familial connection to the outdoors always inspired him to connect deeply with nature, particularly in life's hardest moments. This foundational love and connection to nature led him to envision a program which radically transforms outdoor spaces and programming to be a beacon of joy and liberation for Black youth--- later to be known as Black Outside, Inc. Between 2018 and 2019, founder Alex Bailey embarked on a journey to observe and shadow summer camps and outdoor programs across the country to better understand the impact outdoor programming has on youth. He took those learnings and, alongside an amazing community of people, began building a culturally relevant outdoor program in the city of San Antonio which today collectively serves 200+ Black youth across central Texas.

Alex is a proud alumni of the Willd Gift fellowship, The International Echoing Green Fellowship, a 2019 TedxSan Antonio speaker (Recolor the Outdoors), and currently serves as the Executive Director for Black Outside, Inc



EVENTS - Uplifting Youth Voices; Black Waters Discussion; Investigating Various Dimensions of Masculinity in the Outdoors

Alexandera Houchin

ATHLETE & FARMER

Alexandera Houchin was the winner of the women's 2700+ mile Tour Divide Mountain Bike Race (2018 & 2019). She's currently the single speed women's record holder for the Arizona Trail, Colorado Trail and the Tour Divide. She is a citizen of the Fond du Lac Band of Lake Superior Ojibwe and her reservation is located 20 miles west of Lake Superior in northern Minnesota. She serves on the board for the Northland Foundation's Maada'ooking Grassroots Granting Program funding projects in Native communities in north-eastern Minnesota and is a cohort 12 member of the Native Nation Rebuilders Program. She works towards increasing food sovereignty in her tribal community as a recipient of a Native Farmer and Rather Apprenticeship Grant, increasing representation of Indigenous people in contemporary society and shredding bikes when and wherever she can.



EVENTS - Storytelling: FKT vs Race culture Illumination Session; Amplifying Indigenous Voices in the Outdoors: Varied Perspectives; Outdoors for All Film Festival

Allé K

TRANS YOGA TEACHER

Allé K (he/ him) is a queer, fat, trans masc activist, educator and public speaker. He provides Trans 101 Trainings to the federal government, corporations and non-profits alike. He is also a certified Yoga Instructor and provides LGBTQIA+ inclusive, trauma-informed, fat positive yoga classes. Allé's been an organizer for over 20 years and he's advocated for immigrants rights, language justice, sexual and reproductive health



rights, racial justice, fat acceptance and queer + trans equality. His work is intersectional; none of us are free until all of us are free.

EVENTS - Journaling, Meditation, & Affirmations for Self-Acceptance; Investigating Various Dimensions of Masculinity in the Outdoors; Queer Bonfire

Amy Allison

MADE BY MOUNTAINS

Amy Allison is the Director of Made by Mountains, an outdoor-driven economic and community development initiative advancing the outdoor economy across 25 Western North Carolina (WNC) counties and the Qualla Boundary. Allison's outdoor industry experience includes traveling nationwide as a Leave No Trace trainer, leading the marketing of renowned outdoor gear brand ENO, serving as a founding member of the Outdoor Gear Builders of WNC and most recently, she has served as Director of the North Carolina Outdoor Recreation Industry Office.



EVENTS - The Outdoor Industry: Sharing Ideas for Inclusive Hiring, Marketing, & Branding

Andrew Glenn

SAWYER PRODUCTS

Andrew "Peanut" Glenn (he/him) leads ambassador relationships and marketing creative at Sawyer. Hailing from Texas and residing in Bend, Oregon, Andrew has a background in thru-hiking and ski mountaineering, desert wandering and wildflower picking. Andrew has a pup named Jasper and a love for backyard adventure with new folks.



EVENTS - Explorations of Water Quality + Environmental Justice; Holding the Multitudes of Spirituality: Explorations of the Great Mystery

Anna Levesque

MIND BODY PADDLE

Anna Levesque is the preeminent leader in the outdoor industry for white water kayaking and paddle instruction. What differentiates Anna is her approach to physical and mental agility, and how this is tied to success on the water and in life. She leads, inspires and coaches her clients on the self leadership required to live a healthy, confident and adventurous life. Anna is a sought after speaker and facilitator for empowering leaders in the outdoor industry.



EVENTS - SUP Yoga Workshop: Debunking the Work-Life Balance Myth + Freedom Through Boundaries

Anthony & Tara Clary

WE OFF THE COUCH RVA

After experiencing a pre-diabetic scare in 2015 Anthony "Rock" Clary was forced to lose weight and clean up his diet. He is now the co-founder and co-lead of the Richmond based Non-profit running and fitness community "We Off



The Couch,” Anthony, along with his wife Tara Clary, lead a community based group of runners in the city of Richmond, VA. The heart behind the movement has been to create a safe, inclusive and diverse space for all to run and engage in community. We believe in “there’s no such thing as a runner’s body,” and “your pace matters,” in efforts to encourage people of all fitness levels to participate. As a group leader and natives of Southside Richmond, VA both Tara and Anthony know well how poverty and the lack of access can impact a person’s ability to thrive in life. In his current role as a master level social worker, Anthony leads a team of 5 people and oversees 3 properties at Virginia Supportive Housing. Tara is a college graduate who hold a degree in business administration and extremely passionate about all things business

EVENTS - Road Run for Everyone! All Paces, Races, and Faces with We Off the Couch

Bri Dostie

CONFLUENCE COLLECTIVE

Bri Dostie (she/her) is a Maine Recreation and Fishing Guide, Artist, Founder of Confluence Collective, and avid fly fisher. She primarily guides and recreates in the woods and waters of Maine, unceded Wabanaki Confederacy lands, and around Missoula Montana, stolen ancestral lands of the Bitterroot Salish. When not facilitating community outdoor experiences, you can often find her foraging for mushrooms, listening for birds, wading in a river, or creating art inspired by nature.



EVENTS - Fly Fishing Workshop Parts 1 & 2

Catalina Norena

FIND OUTDOORS/ CLUB DE EXPLORADORES

Catalina Norena grew up in Colombia, where the opportunities to be outdoors were very limited in the 80’s, 90’s and 2000’s due to the 60 year internal war the country endured. Cata relocated to the United States in 2006 and has been in the mountains of Western North Carolina since 2016. Cata has a degree in International Relations and Diplomacy from Universidad Jorge Tadeo Lozano of Bogota, is an Early Childhood Development Specialist, and has been an educator for over 20 years. Cata is passionate about the outdoors and loves learning with young people through wonder, excitement, and adventure while planting seeds of stewardship and love for the earth. Today, Cata leads “Club de Exploradores” with FIND Outdoors, a program that seeks to bridge the gap to bring more kids from the Latinx community into the forest because she wants to see her own community represented and active in the enjoyment, recreation, and responsible use of our public lands. Cata is also a board member at El Centro in Transylvania, Co. On the weekend, Cata is somewhere in the Pisgah National Forest riding bikes, swimming in the river, and adventuring with her partner and dogs.



EVENTS - The Power of Partnerships: A Snapshot of Equitable Outdoor Engagement & BIPOC Ride

Chad Brown

LOVE IS KING & SOUL RIVER, INC.

Chad Brown is a nonprofit leader and an accomplished documentary photographer, creative consultant, and filmmaker in outdoor recreation and conservation spaces. Chad is the founder and president of Soul River Inc., a nonprofit organization that focuses on connecting veterans and introducing diverse urban youth to the outdoors, nature conservation and growing young leaders into advocacy for our public lands, wildlife and freshwater. Recently, Brown has launched a new nonprofit Love is King that he leads with the mission to dismantle the hate, bigotry, ignorance and racism in the outdoors for BIPOC and all marginalized groups.



EVENTS - Investigating Various Dimensions of Masculinity in the Outdoors; Black Waters Discussion; Outdoors for All Film Festival

Cimmaron Craig

OUTDOORS FOR ALL EMCEE

Born and raised in the heart of the Blue Ridge Mountains in the Shenandoah Valley, Cimmaron is no stranger to the great outdoors. Combining his love for nature and his experience working in various positions in the caring industry, from summer camps for inner city youth from disadvantaged homes, to working with children with developmental disabilities and mood disorders in a wilderness and adventure settings to his current position as a resident supervisor at Pacific Quest, a therapeutic residential program with its roots based in horticulture therapy. Cimmaron brings a unique, fun, approach to communication, teaching healthy coping skills, and facing the challenges of everyday life. In his spare time he enjoys dance, yoga, theatre, gardening, traveling, art, cooking, and doing ANYTHING outdoors.



Dan Minnich

WAYPOINT ADVENTURE

Dan Minnich received his Bachelor of Science Degree in Outdoor Education from the University of New Hampshire, is a Certified Wilderness First Responder, ACA Level II Kayak Instructor with an Adaptive Paddling Endorsement, and a Leave No Trace Trainer. He is a Community Advisory Board member for UNH’s Outdoor Education program and was named a Social Innovator by the Social Innovation Forum in 2015. Dan is passionate about sharing what he loves about being outside with others. Dan got his start making the outdoors accessible to people with disabilities as a volunteer with Outdoor Explorations while in college and has remained committed to the idea that everyone should have access to adventure ever since. Dan’s favorite Waypoint program is kayaking – especially if it’s on the ocean. His personal favorite way to spend time outside is riding his bike. Dan and his wife Merri have three children, a dog, and presently, 8 chickens. They enjoy doing almost anything outside together.



EVENTS - What Really is Accessibility? A Conversation with Those Who Live & Work with Disabilities

PRESENTER INFORMATION & BIOS

Danica Carey

SEIRUS INNOVATION

Danica Carey is the Director Of Marketing Operations at Seirus Innovation and on the Board of Directors of the Outdoor Foundation, and the California Outdoor Recreation Partnership (CORP). Danica grew up with a passion for the outdoors hiking, camping, skiing and playing sports like soccer.



EVENTS - Mental Health For All: Healing in the Outdoors; The Outdoor Industry: Sharing Ideas for Inclusive Hiring, Marketing, & Branding

Devin Cowens

RADICAL ADVENTURE RIDERS ATL

Devin (she/her) is a connector, community organizer, and bikepacker. She manages Radical Adventure Riders ATL, a cycling and bikepacking community for trans, non-binary, femme, and women riders of all experience and skill levels. Outside of RAR ATL, she supports operations for A Quick Brown Fox and spends her free time focused on initiatives to increase access, training, education and support to get more Black and Brown folks on bikes.



EVENTS - Creating Inclusive Community & Courageous Spaces & Pride Ride

Dorene O'Malley

CANE CREEK CYCLING COMPONENTS

As an employee of Cane Creek and various cycling groups around the area and a sub committee member of People for Bikes, Dorene is focusing on shining a light on the fabulousness of Women over 50 and is looking at increasing awareness of Silver Shredders everywhere



EVENTS - The Outdoor Industry: Sharing Ideas for Inclusive Hiring, Marketing, & Branding

Ekua Adisa

MOON MOUNTAIN

Ekua Adisa is a Black, gender expansive, liberationist medicine person who has been intentionally practicing personal and collective healing for over fifteen years. As an intuitive medium and a deep feeler, Ekua's jam is inviting and supporting collective and individual grief work with ritual and somatic practices, supporting people to connect with their ancestors for guidance, and supporting the dead to transition with grace and dignity. After a life of intermittent displacement, Ekua is currently making home in the mountains of Western NC and trying their hand at collective land stewardship as a means of ancestral and land-based healing. Additionally, Ekua is a writer currently working on a memoir, alongside being endlessly engaged in the grand experiment of parenting a 9 year old in community.



EVENTS - A Healing-Centered Approach to Land Stewardship

Erick Cedeño

BICYCLE NOMAD

Erick Cedeño is bicycling advocate, cyclo-explorer and the one-person-show behind Bicycle Nomad. Several years ago, Erick embarked on a bicycle tour from Vancouver, Canada to Tijuana, Mexico just to see if he could do it. The following year he traveled from Miami Beach, FL to New York City, NY. In 2014 and 2020 he rode from New Orleans to Niagara Falls, Canada which followed the historic path of the Underground Railroad. Mr. Cedeño was born in Panama City, Panama and raised in Miami, Florida. He is a HBCU graduate of Bethune-Cookman University. Earlier this year he was inducted into the Explorer's Club as a member of their 2022 Class, to be inducted means that individual has been recognized for their dedication to the advancement of field research, scientific exploration; and the ideal that is vital to preserve the instinct to explore. In 2022, Erick Cedeño retraced the route/history of the Bicycle Corps - Buffalo Soldiers to celebrate the 125th anniversary of the Bicycle Corps 1897 expedition from Fort Missoula, Montana to St. Louis, Missouri (1,900 miles). Their mission was to thoroughly test the practicability of the bicycle for military purposes.



EVENTS - Cultivating the Next Generation of Diverse Leaders in Conservation & Recreation; Amplifying Indigenous Voices in the Outdoors: Varied Perspectives

Francis Mendoza

CHILDREN & NATURE NETWORK

Francis Mendoza (he/they/sila) is a first-generation Filipinx immigrant, JEDAI (Justice, Equity, Diversity, Accessibility and Inclusion) Consultant, and Manager of Community Development for the Children & Nature Network. They are a Certified California Naturalist, Certified Interpretive Guide for NAI (National Association for Interpretation) and Director of NAI's JEDAI Section. They work at the intersection of nature, culture and justice, and are a former park ranger and environmental justice advocate for nearly 30 years. They enjoy trail running, fishing, hiking, mountain biking and climbing with his two daughters and nephew.

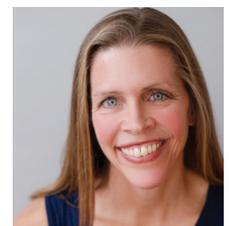


EVENTS - Cultivating the Next Generation of Diverse Leaders in Conservation & Recreation; Amplifying Indigenous Voices in the Outdoors: Varied Perspectives

Ginger Huebner

ROOTS + WINGS

Ginger Huebner is a leader of connection as an artist, educator, facilitator and collaborator. With foundations from both a Bachelor of Architecture and a Masters in Teaching Visual Art, she weaves a unique perspective into all that she does. Ginger is the founding director of Roots + Wings School of Art and Design in Asheville, where innovative art and design education programs are offered for all ages across the community. She also serves as Visual Art Advisor to PBS for their Online Learning platform, Arts Curriculum, and the 'Pinkalicious' series. Through her studio work Ginger uses the mediums of collage and chalk pastel



to translate and capture artistically what often transcends expression in mere words. She creates commissions and thrives on collaborations with poets and other writers.

Ginger believes that understanding only comes through real connection. Her Create + Connect Circles and Portrait Workshops offer opportunities to transform, connect, re-build, and share stories in communities across the globe in the midst of a world full of divisiveness and negativity. She works with non-profits, schools, businesses, faith based communities and individuals to enable clients, staff, families and communities to produce original works of art that evoke truths, share stories, offer reflection, and healing, not just for the individual participants but for the larger mission of all involved. She lives in Asheville, NC with her husband and two amazing kids.

EVENTS - Create + Connect Circle; Collaborative Community Portrait

Heather Dawes

SLIM PICKINS OUTFITTERS

Heather Dawes is the VP of Operations at SlimPickins Outfitters in Stephenville, Texas. Heather is passionate about helping people (especially mothers) find their way in the outdoors and is an advocate for size diversity. Her favorite outdoor activities are gardening, hiking, picnics, playing with her kids in the backyard, and neighborhood walks.



EVENTS - Pop-Up Slim Pickins Outfitters Shop

Hugh Moran

LUVTRAILS

Hugh Moran is LuvTrails SE Regional Manager, connecting trail users to non-profit trail organizations through innovative micro-donation platforms. A former road pro turned knobby-tired addict, Hugh's experience in the bike industry includes coaching, event promotion, advocacy, and youth summer camps. Hugh is fortunate to live in Asheville's Bent Creek neighborhood with direct access to a large trail system.



EVENTS - The Future of Building Inclusive Trail Systems: Challenges We Face & Opportunities We Create

Jacob Fisher

OUTDOOR FOUNDATION

A graduate of the McCombs School of Business at the University of Texas at Austin. While earning his BBA, he majored in Supply Chain Management, minored in Marketing, and received a certificate in Business and Public Policy. His professional experience and skill set ranges from business development, tech sales, fundraising, strategic planning, venue management, project management, program facilitation and development, content creation, marketing, administration support, and outreach.

Jacob has a passion for connecting inner change with social transformation. He's a Community Healing Centered Facilitator, TIYT (Trauma-Informed Yoga Training) faculty member, Embodied Social Justice practitioner, and certified yoga teacher. Developing a connection to nature has allowed him to move through the world with clarity, peace, and gratitude.

His personal mission statement is supporting the community in embodied practices to reconnect us with our natural state of wellbeing and freedom.



He's a firm advocate for shared leadership, collective impact, and embodying the value of inclusion. In his current role as Development and Programs Coordinator for the Outdoor Foundation, he aims to support in bringing the benefits, joy, and liberation of nature to BIPOC communities and all who are willing to commune with the outdoors!

EVENTS - Panel moderation: Mental Health and the Outdoors

Jahmichah Dawes

SLIM PICKINS OUTFITTERS

Salutations, my name is Jahmichah C. Dawes. I am the owner/operator/creative director of SlimPickins Outfitters. We are an independently owned specialty outdoor retailer and we have the proud distinction of being the very first black-owned outdoor shop in the nation.

Our mission is to diversify the outdoors, by diversifying the outdoor industry; especially as it pertains to ownership & executive leadership. We are advocating that not only are the outdoors for everyone but that the adventurer should be as diversified as the adventure. We are actively combatting the stereotype that "black people don't..." The outdoors is my safe space even though it didn't start out that way. We wish to connect with people to help make it safe for them as well.



EVENTS - The Outdoor Industry: Sharing Ideas for Inclusive Hiring, Marketing, & Branding

Jalen Bazile

BLACK FOXES & TRAVL WIDE

Jalen is an outdoor facilitator, organizer, and outdoorsman, dedicated to creating spaces that welcome and affirm Black, Indigenous, and People of Color in the outdoors. His background is in outdoor education and positive youth development and he has supported and mentored young people for a number of outdoor youth organizations. Jalen organizes nature-based community events in Colorado and specializes in activities such as climbing, cycling, and overnight trips. Lastly, Jalen is the founder of Trvl Wide, a bikepacking outfitter, that helps people develop their relationships with themselves, their community, and the land around them. He loves all things based in nature and is passionate about connecting people with the natural world.



EVENTS - Investigating Various Dimensions of Masculinity in the Outdoors; Climbing at Rumbling Bald; Bikepacking

James Edward Mills

JOY TRIP PROJECT

James Edward Mills is a freelance journalist and National Geographic Contributor who specializes in telling stories about outdoor recreation, environmental conservation, acts of charitable giving, and practices of sustainable living. He has worked in the outdoor industry since 1989 as a guide, outfitter, independent sales representative, writer, and photographer. He is the author of the book "The Adventure Gap: Changing the Face of the Outdoors" and the co-writer/co-producer of the documentary film An American Ascent.

James has written for the Wisconsin State Journal, Madison Magazine, and Wisconsin Trails. He is currently a contributor to several outdoor-focused print and online publications such as National Geographic Adventure, Rock & Ice, Alpinist, SUP, Elevation Outdoors, Women's Adventure, the Clymb,



PRESENTER INFORMATION & BIOS

Park Advocate, High Country News, Land & People, Sierra, Backpacker, Outside Magazine, The Guardian and The New York Times.

EVENTS - The Outdoor Industry: Sharing Ideas for Inclusive Hiring, Marketing, & Branding; Cultivating the Next Generation of Diverse Leaders in Conservation & Recreation

Jason McDougald **CAMP GRIER**

Jason has been involved in the outdoor industry professionally for almost 40 years and recreationally his entire life. His early outings centered on backpacking in the mountains of North Georgia with his father. In 1986, when Jason was 11, his father moved to Greensboro, NC and opened a small outdoor store called Appalachian Outfitters which specialized in backpacking, climbing, and paddling equipment. Mentors were easy to find in this outdoor community and it wasn't long before Jason found himself on rocks, rivers, and bigger mountains around the world. These trips led to a deep appreciation for wild places and a strong connection to the natural world. Jason has a Master's degree in elementary education and has been a fourth grade teacher, climbing guide, wilderness therapy instructor, and camp director. Jason has been at Camp Grier since 2013 and enjoys spending time outside with his family and generally moving around in the mountains any way possible. His greatest joy is sharing summits, rivers, and trails with friends.



EVENTS - The Future of Building Inclusive Trail Systems: Challenges We Face & Opportunities We Create; Redefining Rural Community Development through Outdoor Recreation: A Conversation with the Catawba Vale Collaborative

Jenna Toney **CANE CREEK CYCLING COMPONENTS**

Jenna leads all marketing, promotional, public relations, advertising, sponsorship, social media and sales support initiatives at Cane Creek Cycling Components. Before her career at Cane Creek, Jenna had an extensive background in volunteer management and recruitment, social media marketing and community outreach, as well as crisis intervention in the nonprofit world. Jenna is an avid cyclist, and loves hiking with her partner, dogs and friends!



EVENTS - The Outdoor Industry: Sharing Ideas for Inclusive Hiring, Marketing, & Branding

Jennifer Gates Foster **UNC-CHAPEL HILL ARCHAEOLOGY**

Jennifer Gates-Foster is an Associate Professor of Classics and Archaeology at UNC-Chapel Hill. She received her B.A. in Anthropology and Archaeology from the University of Virginia, and her M.A. (Greek, Classical Archaeology) and Ph.D. (Classical Art and Archaeology) from the University of Michigan, Ann Arbor. She joined the Department of Classics and Curriculum in Archaeology at UNC in 2013. Jen's research has taken her around the world—Egypt, Armenia, Israel, Greece, Tunisia, Italy—but



her love for archaeology began at home in the southeastern US and she continues to work in western North Carolina as a member of the Catawba Vale Collaborative, a cooperative project that brings together a diverse coalition in the small western North Carolina town of Old Fort to develop an accessible trail network that uncovers the region's history and spurs equitable economic growth. Through archival and archaeological research, she and her team support community leaders as they develop these new outdoor resources and develop materials to articulate a more diverse regional history.

EVENTS - Peek Behind the Curtain of the Archaeology Placemaking Project for the Old Fort Trails

Jon Lane **G5 TRAIL COLLECTIVE**

Jon Lane "works" as a Resource Specialist for the G5 Trail Collective. He is constantly redefining what it means to be out in the forest for users and their experience there. Jon comes from a diverse background of outdoor experiences. From scaling steep cliffs, through-hiking the Appalachian Trail, bikepacking "The Pisgah" and always, always giving back to these special places.



EVENTS - The Future of Building Inclusive Trail Systems: Challenges We Face & Opportunities We Create

Kaitlin Curtice **AUTHOR**

Kaitlin Curtice is an award-winning author, poet-storyteller, and public speaker. As an enrolled citizen of the Potawatomi nation, Kaitlin writes on the intersections of spirituality and identity and how that shifts throughout our lives. She also speaks on these topics to diverse audiences who are interested in truth-telling and healing. As an inter-spiritual advocate, Kaitlin participates in conversations on topics such as colonialism in faith communities, and she has spoken at many conferences on the importance of inter-faith relationships. Besides her books, Kaitlin has written online for *Sojourners*, Religion News Service, Apartment Therapy, *On Being*, *SELF Magazine*, and more. Her work has been featured on CBS and in *USA Today*. She also writes at *The Liminality Journal*. Kaitlin lives in Philadelphia with her family.



EVENTS - Amplifying Indigenous Voices in the Outdoors: Varied Perspectives; Four Realms of Resistance: Explorations of Holistic Flourishing for All

Kris Moon **MOON MOUNTAIN**

Kris Moon (they/she) is a queer, trans-racial Korean adoptee, trauma educator, and somatic practitioner on a path of personal and collective healing. Kris curiously weaves these skills into their primary work, co-stewarding a land-based healing community on 30 acres of land originally stewarded by Cherokee people in Madison County, North Carolina. They are passionate about inter-cultural collective land stewardship, particularly in collaboration with historically disenfranchised Black descendants of enslaved Africans, as a means to ancestral healing, cultural reclamation, and cultivating a rich spiritual life rooted in liberation.



Kris is devoted to caretaking and being in right relationship with the Land, her kiddos and community, as well as her many paradoxical parts and all living beings, in a way that includes all of her diverse identities and expressions. She has found that the most joyful healing happens in nature when she is able to slow down enough to feel herself as a part of it all.

EVENTS - Self-Care and Communal Resourcing; A Healing-Centered Approach to Land Stewardship

Kristian Jackson

SPECIALIZED'S SOIL SEARCHING

Much of what Kristian Jackson has learned about mountain bikes and trails stems from decades of riding in Pisgah National Forest. He applies those lessons in trail stewardship projects, storytelling, coaching, and in his classes of Recreation Management at Appalachian State University. He has the distinction of being the Trail Boss for Rocky Knob Park. More importantly, he enjoys the singular honor of being parent of Silas and Jude, and husband of Alecia.



EVENTS - Expanding the Trail Crew Leader Toolbox & Sharpening Interpersonal Skills ; The Future of Building Inclusive Trail Systems: Challenges We Face & Opportunities We Create

Laura Blythe

EASTERN BAND OF CHEROKEE & CHEROKEE HISTORICAL ASSOCIATION

Siyo, I'm Laura!
My friends call me LB.
My kids call me agitsi (Mom in our language)
I am:

A strong Indigenous woman with a passion for sharing & educating the masses about my Cherokee culture. As the Program Director at Cherokee Historical Association, it is my purpose to bring our culture to life and help it be carried on for generations to come. A rowdy adventurer who loves exploring new places and meeting new people. I've found cycling, both road and mtb, helps me achieve my need to explore and is my perfect form of therapy. Most importantly a mom blessed with two amazing children for whom I am trying to be a good role model...culturally, spiritually and living a physically active lifestyle.



EVENTS - Amplifying Indigenous Voices in the Outdoors: Varied Perspectives; Four Realms of Resistance: Explorations of Holistic Flourishing for All

Lavita Logan

PEOPLE ON THE MOVE OLD FORT

My name is Lavita Maxine Logan born and raised in Old Fort North Carolina. My parents are the late Barbara Ann Logan, Norman & Rev. Kathy Logan. I worked 31 years in manufacturing until I left my job in 2019. I am continually active in my church, which is my first love. My second love is my community which I have been a part of all my life and active for 4yrs. I am one of the founding members of the Old Fort Community Forum (OFCF) which was established in 2018. People on the Move for Old Fort (POTMOF) is one of the working groups that come from the OFCF. I started out being the



Project Consultant for POTM and later a Coordinator for the OFCF and Project Coordinator for POTMOF. One of my greatest accomplishments was being the lead consultant on the Albert Joyner Sr. Mural installation and being a part of the Old Fort Gateway Trails Project. I hope to continue to do good work in my community which I love very much.

EVENTS - Redefining Rural Community Development through Outdoor Recreation: A Conversation with the Catawba Vale Collaborative; The Future of Building Inclusive Trail Systems: Challenges We Face & Opportunities We Create

Leandra Taylor

SOUTHERN APPALACHIAN WILDERNESS STEWARDS & SEASONAL LEE

Leandra Taylor is an artist, environmental scientist, educator, and mountaineer based in Asheville, NC. She works as the Partnership and Community Outreach Coordinator for the Southern Appalachian Wilderness Stewards, a conservation non-profit. Leandra is passionate about helping Black people reconnect and experience joy in nature. She served six years as a volunteer Outdoor Afro leader sharing her love for the outdoors and adventure. Leandra designed collaborative outdoor gear products with Outdoor Afro, Eagles Nest Outfitters (ENO), Smartwool, and KEEN. In her free time, she enjoys hiking, bird watching, and nature journaling.



EVENTS - Bonfire & Storytelling: The Summit is Not Always the Top; Gateway to the Outdoors: Hike and Learn

Lesford Duncan

GREENING YOUTH FOUNDATION & OUTDOOR FOUNDATION

Lesford Duncan, MPH, (he/him) is the Chief Executive Officer at Greening Youth Foundation. The Greening Youth Foundation works to engage under-represented youth and young adults through connection to the outdoors and careers in conservation. Their culturally based environmental education programing engages children and youth from local communities in the Atlanta metropolitan area and West Africa. Their workforce development program creates career opportunities for youth and young adults across the US in collaboration with federal land management agencies and outdoor industry partners. Prior to his appointment at the Greening Youth Foundation, Lesford served as the Associate Executive Director of San Diego-based nonprofit, Outdoor Outreach. Lesford has led and collaborated on public policy efforts on the local, state, and federal level to reduce barriers to outdoor access, advocate for equitable conservation and environmental justice, and promote the health and wellbeing of communities. Lesford earned his Bachelor of Science (B.S.) degree in Biology from the University of Florida, and his Master of Public Health (MPH) in Health Policy and Leadership from Loma Linda University. He serves as a board member of the Outdoor Foundation, Senior Fellow with the Atlantic Fellows for Health Equity, and is an avid hiker, ultramarathon runner, kayaker, and outdoorsman.



EVENTS - Cultivating the Next Generation of Diverse Leaders in Conservation & Recreation; Going the Distance: Trail Run; Outdoors for All Film Festival

PRESENTER INFORMATION & BIOS

Lisa Jennings

US FOREST SERVICE

Lisa Jennings is our local partner from the US Forest Service where she serves as the Recreation and Trails Program Manager for the Grandfather Ranger District of Pisgah National Forest. Lisa is the project manager for the Old Fort Trails Project and has dedicated her entire career to public service with the federal government. She represents the public part of the public-private partnership that is the G5 Trail Collective. Prior to coming to the Pisgah National Forest, where she is in her 8th year, Lisa worked as a communication specialist for climate change research with the US Forest Service Southern Research Station. She holds a masters degree in Forest Management from North Carolina State University. Lisa fell in love with public lands as a child, hiking in national forests and parks on family vacations. She first moved to Western North Carolina to attend UNC Asheville as an undergraduate in 2005, and now lives in nearby Black Mountain with her family.



EVENTS - Redefining Rural Community Development through Outdoor Recreation: A Conversation with the Catawba Vale Collaborative;

Matthew Kirby

CATALYST SPORTS

Matt Kirby, known as "Kirby," has been mountain biking since he was in middle school. Originally from Florida, he fell in love with western North Carolina during childhood vacations. Now a Certified Prosthetist Orthotist, he first experienced adaptive sports during one of Catalyst Sports's climbing clinics that was hosted in Asheville. Since then he sought to combine his career skills & passion for mountain biking. "Being a part of Catalyst's team allows me to spread the feelings of adventure & accomplishment when exploring the outdoors." When not on a bike, he will likely be adventuring with his wife and his dog, Finn.



EVENTS - Adaptive MTB Clinic

Matt Nannis

PIVOTPOINT WNC

Intentional time outside is regenerative. It's transformative. And there are ways to simplify the ways we engage with it. I came to this area almost a decade ago and felt some kinda way about the situation I found myself in – the folks I found myself surrounded by. I was stuck in narrative loops separating me from community; casting aspersion, blame, guilt and shame – focused on the external circumstances and hesitant to turn that gaze inward. And then a small group of us went hiking. The simplicity and unassuming quality of that trek was a disruptor. I don't remember the weather or many of the company that came with; although I know it was early September, so odds are it was perfect hiking weather! I don't even remember the trail we went to – heck, I couldn't tell you which land system we were on. But I remember the way I felt. I felt grounded. I felt relaxed and connected. I felt willing and hopeful and excited and energized and calm and ready.



For the better part of the last 10 years, I have taken that experience and worked to formulate a delivery system that might offer it up to others.

I founded PIVOTPoint WNC to amplify access to those who might get outside; connect; and begin to heal. I hope that our work reintroduces curiosity into the mix. I hope that our work softens the self-criticism and all the ways that bubbles up and projects outward towards our peers. I hope that our work re-introduces folks to themselves.

EVENTS - SUP: Community & Connection For All; Mental Health For All: Healing in the Outdoors

Michele Ashley

HOUSE OF OMNIRA

Certified 500hr hatha yoga teacher, certified meditation teacher and trained Life Coach, Michele blends her professional skill sets and intuitive abilities to service communities, organizations and individuals in learning how to embody inclusivity to create equitable healing spaces and learning opportunities.

Her heart is devoted to creating sacred space for others to expand, explore and engage with their own inner wisdom as a path towards liberation, love and healing. Her ability to "hold space" allows those whom she's chooses to work with greater clarity, deeper insight, and higher accountability for a life lived mindfully, authentically and with integrity to be in "right relationship" with others across lines of differences.



EVENTS - Liberation for All: The Embodiment of Social Justice to Build A More Just World

Mike Blumenfeld

G5 TRAIL COLLECTIVE

Mike Blumenfeld is the volunteer coordinator for the G5 Trail Collective and the mountain bike director for Camp Grier. He is a PMBIA certified mountain bike coach and guide based out of Camp Grier. You will likely see him flanked by all-star G5/ OFA volunteers. Find this person for MTB planning and volunteer needs!



EVENTS - Volunteer Coordinator & MTB Director

Natalie Britt

FIND OUTDOORS

Growing up in Western Massachusetts, Natalie's childhood was spent hiking, biking and adventuring throughout New England. She began exploring the trails and waterways of WNC in the 90's while studying Government and Public Affairs at the University of South Carolina. Driven by an intentional commitment to philanthropic and community service, Natalie pursued a career in non-profit administration. Natalie has over two decades of experience in leading successful non-profits with 15 of those dedicated to the public land sector. Since 2019, she has served as the President and CEO of FIND Outdoors, located at the entrance of Pisgah National Forest. FIND manages 21 highly developed federal recreation sites including the Cradle of Forestry and the Pisgah Visitor Center at the Pisgah Ranger Station. Natalie's role is to make FIND's mission a reality by providing equitable access to public lands through exceptional outdoor education experiences, recreational opportunities, interpretive retail sales and amazing camping. On the weekends, you can FIND Natalie hiking, biking and exploring Pisgah National Forest with her Boston Terrier, Penelope.



EVENTS - The Power of Partnerships: A Snapshot of Equitable Outdoor Engagement

Natalie Narburgh PISGAH AREA SORBA



Natalie Narburgh is the newly appointed Executive Director of Pisgah Area SORBA (PAS), joining the organization in July of 2022. Before joining PAS, Natalie spent nine years as an educator, outdoor trip leader, and was most recently Dean of Students at Asheville's French Broad River Academy for Girls. A lifelong learner, she holds two master's degrees and has a passion for environmental stewardship and protecting trail access. As an educator, she has had a tremendous amount of exposure to various communities and ideas, providing a wealth of knowledge and first-hand experience in seeing how recreation and conservation can work hand-in-hand for the benefit of all. Living just outside of Asheville with her husband and dog, Natalie spends her free time trail running, rock climbing, and of course, mountain biking in Western NC.

EVENTS - The Future of Building Inclusive Trail Systems: Challenges We Face & Opportunities We Create

Nick Brooks OUTDOOR GEAR & BEER



Native Georgian, Nick Brooks of Outdoor Gear & Beer is the 1st born of triplets. His father ensured that virtually all things outdoors were just a normal part of their lives. Now into adulthood, Nick also partners with local youth and environmental organizations and works on different service projects around the Atlanta area and the southeast. He is passionate about helping to create a shared equitable outdoor community for all. Nick's weekends are spent outside as much as possible with family and friends, reviewing craft beer and outdoor gear during his spare time. You'll find Nick backpacking, family-camping, fly-fishing, and overlanding his Toyota Tundra rig. Nick lives in Atlanta with his lovely wife, two boys and a beautiful American Bulldog named Monk.

EVENTS - Black Waters Discussion; Cultivating the Next Generation of Diverse Leaders in Conservation & Recreation

Phil Henderson FULL CIRCLE EXPEDITIONS



A native of California, Philip started his outdoor career almost 30 years ago. His passion for recreation, education and climbing has provided him with opportunities to travel, climb and ski around the world. Over the past two and half decades he has spent hours volunteering for many youth programs in the US, exposing young people from around the country to the power of nature. Has been instrumental in teaching mountain skills training to guides and porters around in Nepal, Kenya, Tanzania and Chile as well as encouraging, inspiring and mentoring many more people to get outside.

- NOLS employee and instructor 1994 - 2016
- Member of the 2012 North Face/National Geographic Everest Education Expedition.

- Denali 2005 and 2013
- Numerous training mission in Nepal
- 2018 Led the first All African American climb of Mt Kilimanjaro
- Recipient of the 2020 Outdoor Afro Lifetime Achievement Award
- Expedition Leader of Full Circle Everest Expedition 2022 1st All Black team in history to summit Mt Everest.
- Executive Director of Full Circle Expeditions a Colorado non-profit.

Philip now lives in Southwest Colorado with his wife and daughter.

EVENTS - ILLUMINATION SESSION: Full Circle Expedition: Reflecting Upon Mt. Everest + Looking Forward

Rachel Olzer ALL BIKES WELCOME & PEDAL 2 THE PEOPLE



Rachel Olzer (they/she) is a writer, speaker, and activist currently based in Bentonville, Arkansas. She started biking and climbing in high school. Over time the homogeneity of the outdoor community started to wear on her. Rachel saw the lack of diversity in cycling as an issue that she could positively impact. That's what motivated her to work on projects that call for greater representation and to start Pedal 2 the People (@pedal2thepeople), an organization that prioritizes narrative representation by telling stories from Black, Indigenous, and people of color within cycling. During the uprising in response to the unjust murder of George Floyd at the hands of Minneapolis Police last year, Rachel took to social media to organize in the cycling community. She has written for a handful of cycling publications including: BIKE Magazine, Bicycling Magazine, and Cyclista Zine; and has been featured in many more publications including Patagonia's The Cleanest Line and Mountain Flyer Magazine. They have also appeared on podcasts like We Got to Hangout with Christopher Strickland and The Adventure Stache with Payson McElveen. Currently, Rachel serves as the Executive Director of All Bikes Welcome, a 501(c)3, non-profit based in Northwest Arkansas that aims to promote more racial and gender diversity within cycling.

EVENTS - Legislative Letter Writing Station; Advanced MTB Ride with Rachel Olzer & Friends; Connecting Our Individual Somatic Experience To Actionable Steps Towards Becoming A Better Ally; Outdoors for All Film Festival

Ryan Carlson WILDERNESS EDUCATION ASSOCIATION



Ryan is the Executive Director of the WEA with 20+ years of experience leading, instructing, and innovating in the outdoor industry. He also founded Black Mountain Expeditions (BME), an adventure company delivering custom programs for independent schools, universities, and corporate teams internationally.

Ryan's work in the industry is informed by his extensive field leadership experience. Since 2000, he has instructed activities including backpacking, rock climbing, mountaineering, canoeing, kayaking, and outdoor leadership. Ryan has served on the Board of Professional Climbing Instructors Association. Ryan has also taught as an adjunct faculty member in Montreat College's Outdoor Education department. Ryan holds an M.S. in Management and Leadership and B.S. in Outdoor Education from Montreat College. His certifications include the WEA Certified Outdoor Educator, American Mountain Guide Association Certified

PRESENTER INFORMATION & BIOS

Rock Instructor, Professional Climbing Instructors Association Certifying Instructor, and Leave No Trace Center for Outdoor Ethics Master Educator.

EVENTS - Growing Engagement & Inclusion in the Outdoors: A Discussion with Various Organizations

Serene Cusack

CONFLUENCE COLLECTIVE & FATTY ON THE FLY

Serene Cusack (she/her) is a queer self-identified fat person. Co-founder of Confluence Collective and point person for Outcast Angler campouts. Her home waters are primarily on the river banks of Western Montana, ancestral lands of the Bitterroot Salish. Contrary to popular belief, Serene does not fish all the time. Her work days are spent at the hospital with individuals experiencing mental health crises as a licensed clinical social worker. She brings her honesty, vulnerability, and humor via social media as Fatty on the Fly.



EVENTS - Fly Fishing Workshop Parts 1 & 2

Simone Adams

COLOR MY OUTDOORS

Simone Adams has always held a passion for exploring the outdoors. Her earliest memories include playing in the creek beside her house, exploring the woods with her brothers, and camping in the North Georgia mountains with her father. Originally from the metro Atlanta area, Simone now lives in the mountains of Western North Carolina, just steps away from Pisgah National Forest where she has plenty of trails to keep her happy. As a Black woman who grew up hiking and camping in the South, Simone rarely saw other faces of color on the trails. A female, a solo adventurer, and a person of color, Simone was often met with words of caution rather than encouragement from people who didn't have a relationship with the outdoors. When Simone began exploring other outdoor recreation activities and taking lessons from adventure guides, she noticed that her instructors and fellow participants were often all-white. These experiences, combined with her career in nonprofit as a fundraising strategist, formed an idea that would grow into an opportunity to create racial equity in the outdoors. In 2021, Simone launched Color My Outdoors, a 501c3 nonprofit, with a mission to change the outdoor narrative. Her dream is to dismantle the stereotype that people of color don't enjoy or belong in the outdoors and replace it with a narrative that celebrates the people of color who have a meaningful relationship with the outdoors.



EVENTS - The Outdoor Industry: Sharing Ideas for Inclusive Hiring, Marketing, & Branding

Stacy Bare

FRIENDS OF GRAND RAPIDS PARKS

Stacy Bare is a husband, father, and will pretty much always fall at least once every time he skis, bikes, paddles, climbs, or fishes. He is currently the Executive Director of Friends of Grand Rapids Parks in Grand Rapids Michigan. He served in the Army, was stationed in Germany, spent time in Bosnia, Iraq, Angola, and Abkhazia. Two of those four countries he served



in as an Explosive Ordnance Disposal (EOD) tech. He has also been an adventure tourist in Iraq, Angola, Kyrgyzstan, Japan, and Afghanistan. He's made some films, won some awards, done some research on the power of the outdoors, figure skated in elementary school, and written for a few outdoorsy publications. He's currently working through his rage at Odysseus and the hero's journey. He loves loons and mastodons.

EVENTS - ILLUMINATION SESSION: Rethinking the Hero's Journey & Moving Beyond Narrow Concepts

Stephanie Harper

RAISING KIDS WILD & FRIENDS OF PISGAH VIEW STATE PARK

Stephanie Harper is a writer from the Bay Area, CA who started the blog *Rising Kids Wild* as a way to share her blended family's outdoor experiences together. In 2016, they were ready to embark on a new adventure so she and her family traveled cross country to live in the mountains of Asheville, North Carolina. Today, Stephanie continues to write via freelance projects while she completes her undergraduate degree in psychology. Her future goal is to become a psilocybin integration guide/therapist. As a social justice activist, she tries to weave in what she learns in whatever she does including serving on the board of directors for a future state park, volunteering with her family at their neighborhood farm, and staying active in her local AAPI (Asian American Pacific Islander) community. Her favorite pastimes include reading, running, hiking with her family, and helping her youngest write zines.



EVENTS - Nature Exploration Hike for All; Connecting Our Individual Somatic Experience To Actionable Steps Towards Becoming A Better Ally

Stephanie Swepson Twitty

EAGLE MARKET STREETS DEVELOPMENT CORPORATION

Stephanie Swepson Twitty is a native of Old Fort, NC. She is married to Paul Clarence Twitty II and together they have one son and three grandchildren. Stephanie attended Elementary and High School in Old Fort and, and She received her BSM core studies at Montreat School of Adult and Graduate Studies. She presently is employed by Eagle Market Streets Development Corporation, CDC CED, CBO (EMSDC) as President and CEO. Stephanie is an 19 year veteran in the Not for Profit Industry (NPO), she is an Economic Development Specialist, focused on equitable-inclusive opportunities for small business development, asset building and wealth creation for a more "just" communities in WNC. Stephanie is skilled in major fundraising, grant-writing, nonprofit board governance and management and holds a certificate of completion from the National Development Council, in Economic Development Finance, she is highly experienced in banking, finance and accounting and is proficient in the use of accounting software for nonprofits. Stephanie oversees EMSDC's day to day operations and co-manages their subsidiary holdings, Eagle Market Place Residential, LLC, a 62 unit mixed income housing complex; Eagle Market Place Commercial, LLC, 9,000 sq. ft. of commercial lease space and 7,000 sq. ft. of community space; Block-by-Block Industries, a commercial, production cut and sew operation, and 70 South Market St, Small Business Incubation HUB.



EVENTS - Redefining Rural Community Development through Outdoor Recreation: A Conversation with the Catawba Vale Collaborative

Steven McHone

MCHONE PERFORMANCE TRAINING

Steven is a Asheville native who for over a decade has dedicated himself to helping his mountain community to stay fit for adventuring in Western North Carolina. As a personal trainer, yoga instructor and licensed massage therapist Steven uses his unique skill set to help increase individuals athletic performance with their adventures in mind. He has biked across the country from West Coast to East Coast on the Trans America Bike Route and North to South on the spine of the Rockies on The Continental Divide Mountain Bike Route, ran the Rim-to-Rim-to-Rim in the Grand Canyon, competed as a bodybuilder and physique competitor. Steven currently enjoys his daily movement practice, strength training, trail running and mountain biking as much as possible. All of his adventures in Pisgah National Forest have led Steven to develop the training system he uses at McHone Performance Training(MPT) using his knowledge of sports medicine, massage, yoga, sports performance training and corrective exercise. These experiences guided his coaching methodology for the programs and classes offered at MPT.



for over 20 years and serves as the Director of Engagement & Belonging at outBACK Therapeutic Expeditions; a premiere wilderness therapy program dedicated to bringing families BACK together. Tracy is also the founder of Dare to Rise, a Coaching & Consulting firm focused on engaging and empowering individuals and institutions to initiate transformation. Her various lived experiences, coupled with the expansive roles held within outdoor education, high adventure programming, wilderness therapy, and residential treatment centers, have served as catalysts to become a story chaser. By chasing the story, Tracy believes people form an undeniable investment and deeper desires to move through the world as a collective.

EVENTS - ILLUMINATION SESSION: Who We Are Without Labels: Stepping Into Our Truest Being

EVENTS - Going the Distance: Trail Run; Mental Health For All: Healing in the Outdoors

Terry Schupbach-Gordon

CATBIRD PRESS

Terry Schupbach-Gordon makes work from a deeply personal narrative about who we are and how we claim grace. A printmaker and book artist working with images and language seen through the lens of disability, Schupbach-Gordon uses images exploring concepts of water and buoyancy to describe and re-frame our understanding of frailty and resilience. While the work is not "about" disability, disability is the lens through which she sees the world. Her prints are a combination of intaglio, woodcut, collage, and letterpress.



"I make prints and books to tell stories about the body that I live in and to awaken a sense of beauty and strength from unexpected places. The work is about fragility and imperfection. I make images seen through the lens of disability, and as such hope to re-name what can be beautiful and what strength looks like from here. This is how I plant seeds."

Tuhina Rasche

ASPEN INSTITUTE

Tuhina Verma Rasche is the Senior Research Associate of the Religion & Society Program at the Aspen Institute and serves as a theologian in residence in the North Carolina Synod of the Evangelical Lutheran Church in America (ELCA). Prior to joining the Religion & Society Program, she served as the Digital Campus Pastor at University African Methodist Episcopal Zion Church in Palo Alto, CA and as the Young Adult Coordinator for Arts, Religion Culture: A Society for Theopoetics in Boston, MA. Tuhina has the lived experience of being raised in a devout Hindu household and is also ordained as a Minister of Word and Sacrament in the ELCA. Tuhina has a Master of Divinity degree from Pacific Lutheran Theological Seminary and a BA in French Language and International Trade with an emphasis on Applied Economics from Clemson University. When Tuhina is not at work, she is reading almost any book she can get her hands on, watching birds, listening to podcasts, and making theological connections to pop culture.



EVENTS - Holding the Multitudes of Spirituality: Explorations of the Great Mystery

EVENTS - What Really is Accessibility? A Conversation with Those Who Live & Work with Disabilities

Tracy Hopkins

DARE TO RISE & OUTBACK THERAPEUTIC EXPEDITIONS

Tracy is a story chaser, change agent, and an illuminator. Throughout her career, her personal approach has been shaped by the fascination of human behavior, the extraordinary capacity of human connections, and the pivotal journeys individuals embark upon to dig deep, lean in, and broaden their capacity for transformative change. Tracy strives to create platforms and opportunities that invite people to share their stories as a way to cultivate a culture of truly investing in one another. Her passion leads her to assist people in identifying personal values to discover purpose and meaning, acknowledgement of authentic self, and become agents of change. Tracy has worked within the field of private pay behavioral/mental health



SHARE
YOUR OUTDOORS FOR ALL
EXPERIENCE
ON SOCIAL MEDIA

#outdoorsforall #outdoorsforalloldfort
#outdoorsforall2022

FOLLOW US ON INSTAGRAM:
@outdoorsforall_oldfort



FOLLOW US ON INSTAGRAM: @outdoorsforall_oldfort

program design by Uproar Concept, 2022 branding by Sound Mind Creative